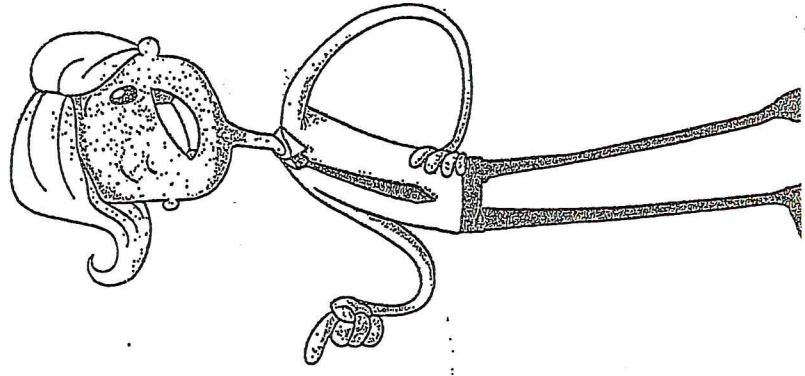


# school food

ing New today  
olfoodni.com

1 Fruit,  
kg. and Water  
: daily.

ny additional  
information on allergens or  
special diets please contact  
the school in the first instance.



## Knocknagoney Menu Week 1 - 4

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b>	Oven baked pork Sausages Baked beans Mash potatoes Ham & Cheese Baguette Custard & Fruit Salad	Beef Bolognaise & Pasta Mixed Vegetables Mashed Potatoes Chicken & Pasta Bake Fruit Sponge & Custard	Salmon Fish cakes Peas/Sweet corn Chips/mashed Potatoes Chicken Wrap Flake meal Biscuit Milkshake	Roast Chicken/Stuffing* Carrots/broccoli/Gravy Oven Roast & Mash Potato Jelly & Fruit Ice Cream	<b>BEEFBURGER IN GRavy</b> <b>MASHED Potato</b> <b>TURNIP</b> <b>FROZEN yogurt</b>
<b>Week Two</b>	Savoury Beef Mince * Steamed Carrots Mashed Potatoes Cheese & Tomato Pizza Flake Meal Biscuits Fruit & Milkshake	Mild Chicken Curry Boiled Rice & Nan Bread Peas Baby Boiled Potatoes Chicken Casserole Chocolate Sponge & Custard	Sausage meat Pie Baked Beans Mashed Potatoes Chicken Pasta Bake Fudge/Strawberry Yoghurt & Fruit	Roast Gammon/ Gravy* Cabbage Oven Roast & Mashed Potatoes Fruit Muffin, Fruit & Milkshake	Cod Fish Fingers Sweet corn Salad/Coleslaw Chips/Baked Potatoes Cheese Tomato Wrap Fruit Crumble & Custard
<b>Week Three</b>	Beef Bolognaise * Pasta Peas Baby Boiled Potatoes Ham & Cheese Baguette Creamed Rice Pudding & Fruit	Chicken & Gravy* Steamed Broccoli Mashed Potatoes Chicken Curry Boiled Rice Raspberry Jelly Fresh Fruit Salad	Breaded Fish Baked Beans Mashed Potatoes Chips Chicken Wrap Arctic Roll & Fruit Salad	Roast Beef in Gravy Carrot & Parsnip Oven Roast Potato Mash Potatoes Jam & Coconut Sponge Custard	Lentil Soup Hotdogs Salad/Coleslaw Tuna Wrap Chocolate Mousse Whole Fruit
<b>Week Four</b>	Chicken Nuggets Baked Beans/Coleslaw Chips/Mashed Potatoes Cheese & Ham Wrap Yoghurt Fresh Fruit	Beef Burger in Gravy Carrots/Peas Mashed Potatoes Lasagne/Salad Wheaten Bread Date Fudge & Custard	Beef Casserole Mixed Vegetables Baby Boiled Potatoes Boiled Rice Savory Mince Jam & Coconut Sponge Custard	Roast Turkey & Gravy * Stuffing Broccoli & Cauliflower Oven Roast Potato Mashed Potatoes Ice Cream With Pears Chocolate Sauce	Cod Fish Fingers Sweet corn Mashed Potatoes Macaroni Cheese Flake Meal Biscuit Fruit Milkshake